

Statement in support of application for role of POGP trustee board member

Katie Gore

Thank you for considering this application to become a member of the POGP board. It has been a role I've very much wanted to work towards since I began working in Pelvic Health in 2010. I have focussed on building a range of clinical, leadership and academic experience since then, and now feel ready to take on this next step. Although I practice clinically across the full spectrum of pelvic health presentations, my real passion is treating and researching chronic pelvic pain. I am highly motivated to contribute towards the ongoing improvement in both care and education in this field. I strongly believe that being a POGP board member would enable me to work in a space that is most aligned with improving clinical practice, education and resources for both patients and professionals alike.

I am currently undertaking my PhD training. My research goals are around finding a way to triage women with chronic pelvic pain towards appropriate services much earlier in their care pathway, so that we give them access to skilled pelvic physiotherapy in the same way pathways are set up for lower back pain or shoulder pain management. I am very much planning to continue in research post PhD.

I am very interested in being involved in the work being done nationally and internationally in the field of Endometriosis associated pain, is a space I want to contribute more to. I very much welcomed the POGP's advice to be part of the recent NCEPOD report published last year on Endometriosis.

I'd welcome more opportunities to work on behalf of the POGP to represent our voice with other professional bodies, as well as collaborating with the researchers internally and externally.

I am a hardworking, motivated and driven individual who will always aim to contribute fully to any working commitments. I am very experienced with managing my time over multiple commitments and feel this is something that would enable me to be a productive resource for the POGP.